



# Central Elementary June 2010

**Farm Fresh Focus**  
This month we are featuring **Broccoli School Tasting 6/3/10**

	Tuesday 6/1/10	Wednesday 6/2/10	Thursday 6/3/10	Friday 6/4/10
	Chicken Lickin Good Oven Baked Chicken w/ BBQ Sauce Mashed Potatoes Green Peas Dinner Roll Apple Sauce	Mama Mia Spaghetti w/ Homemade Meat Sauce Garlic Roll Garden Salad Fruit Cobbler	Top Dog Hot Dog in a Bun Oven Fries Fresh Steamed Broccoli Sliced Peaches	Fresh Picks Pizza Cheese Pizza Or Chef's Topping Side Salad Mac Apple
Monday 6/7/10	Tuesday 6/8/10	Wednesday 6/9/10	Thursday 6/10/10	Friday 6/11/10
Country Spirit Homemade Meatloaf Country Mashed Potatoes Sweet Green Peas Wheat Roll Fruit Medley	Triple "S" Grilled Ham & Cheese Sandwich Tomato Soup Caesar Salad Fresh Orange Wedges	Pasta American Style Homemade Baked Macaroni & Cheese Tossed Salad Garlic Bread Sliced Peaches	End of School BBQ! Join In On The Fun Hamburger on a Bun Cheese, Lettuce & Tomatoes Pasta Salad Pickles Watermelon Wedge	Fresh Picks Pizza Cheese Pizza Or Chef's Topping Veggie Sticks /Dip Raisins
Monday 6/14/10	Tuesday 6/15/10	Wednesday 6/16/10	Thursday 6/17/10	Friday 6/18/10
Mexican Monday Beef Tacos Seasoned Rice Sweet Corn Assorted Fresh Fruit	The Colonel's Favorite Chicken Nuggets w/ Dipping Sauce Oven Fries Green Beans Apple Sauce	It's A Picnic! Italian Cold Cut Sub Veggie Sticks w/ Dip Pickles Fresh Fruit		
Monday 6/21/10	Tuesday 6/22/10	Wednesday 6/23/10	Thursday 6/24/10	Friday 6/25/10
				Farm Fresh Milk is Served with Every Meal



Fresh made deli sandwiches served with two nutritious sides and Farm Fresh Milk.  
**Monday:** Ham & Cheese  
**Tuesday:** Deli Turkey  
**Wednesday:** Egg Salad  
**Thursday:** Tuna Boat  
**Friday:** Fruit & Yogurt Parfait



Specialty Entrée salad is offered daily as well as Three Cheese Salad with fresh baked bread or Greek Pita and farm fresh milk Three cheese salad  
**Mon**-Chicken Caesar  
**Tues**-Ham & Cheese Chef  
**Wed**-Ranch Chicken  
**Thurs**-BCLT  
**Fri**-Buffalo Chicken Salad



Café Services is a Proud Sponsor of the VT Farm to School Project. We Buy Local First  
These are just some of the farm partners we would like to thank: The Walker Farm, Lilac Ridge Farm, Saxton River Orchard, The Dutton Farm, The Miller Farm, Green Mountain Orchards, Cabot, Grafton Village Cheese

**Any Questions or Comments, Please Contact Your Food Service Director John D. Ayer @ 802-463-3944 x232**